

# DECEMBER 2019 - Menus

## Grades K-5 Lunch(NNC)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12-2 Garlicky Cheese Bread - <b>V</b> Toasted Cheese Sandwich - <b>V</b> Marinara Sauce Cup Sweet Corn Fruit Cup	12-3 Orange Meatball Rice Bowl Deli Turkey & Cheese Sandwich Petite Baby Carrots - <b>S</b> Broccoli Buds Frozen Juice Slush	12-4 Taco Bean Dip Crunchy Tortilla Chips - <b>S</b> Chinese Chicken Salad Cornbread Tangy Salsa Cup Sweet Corn Fruit - <b>S</b>	12-5 Philly Steak & Cheese Pinwheel Chicken Caesar Salad & Cheesy Bread Fresh Garden Salad Fiesta Pinto Beans Fruit - <b>S</b>	12-6 Cheese Burger Sliders Yellow Submarine Sandwich OR Classic Tuna Sandwich Waffle Cut Fries Petite Baby Carrots - <b>S</b> Frozen Fruit Cup
12-9 Whole Grain Cheese Pizza Wedge - <b>V</b> Toasted Cheese Sandwich - <b>V</b> Marinara Sauce Cup Sweet Corn Fruit Cup	12-10 Mama's Meatball Sub Deli Turkey & Cheese Sandwich Petite Baby Carrots - <b>S</b> Campfire Baked Beans Frozen Juice Slush	12-11 Café LA Burger or American Burger Chinese Chicken Salad Cornbread Fresh Garden Salad Golden Hash Brown Patties Fruit - <b>S</b>	12-12 Mini Teriyaki Chicken Sandwich Chicken Caesar Salad & Cheesy Bread Celery Sticks Waffle Cut Fries Frozen Fruit Cup	12-13 Taco Bean Dip Crunchy Tortilla Chips - <b>S</b> Yellow Submarine Sandwich OR Classic Tuna Sandwich Sweet Corn Petite Baby Carrots - <b>S</b> Frozen Peach Pop
12-16 Garlicky Cheese Bread - <b>V</b> Toasted Cheese Sandwich - <b>V</b> Petite Baby Carrots - <b>S</b> Sweet Corn Fruit - <b>S</b>	12-17 Turkey Burger Deli Turkey & Cheese Sandwich Fresh Garden Salad Fiesta Pinto Beans Frozen Juice Cup	12-18 Holiday Turkey & Gravy with Stuffing Cornbread Yellow Submarine Sandwich Petite Baby Carrots - <b>S</b> Broccoli Buds Fruit - <b>S</b>	12-19 WG Pepperoni Pizza Wedge Deli Turkey & Cheese Sandwich Marinara Sauce Cup Waffle Cut Fries Frozen Juice Cup	12-20 Salisbury Steak with Gravy Southern Buttermilk Biscuit Yellow Submarine Sandwich OR Classic Tuna Sandwich Petite Baby Carrots - <b>S</b> Sweet Corn Fruit - <b>S</b>
<b>WINTER RECESS – Happy Holidays</b>				
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**All of the Grain/Bread items served are Whole Grain Rich.** Per USDA, students MUST take at least 3 components as part of their lunch (one must be a fruit or vegetable).

**S:** Items with an (S) can be saved for later **V:** Vegetarian items - \*\*Farm Fresh Fruits: Apple, Orange, Banana - Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

**Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat**

**MENUS ARE SUBJECT TO CHANGE**

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